

VOLUNTEER WITH US!



COOK COUNTY YMCA

CAN YOU HELP?

Contact Information:

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VOLUNTEER OPPORTUNITIES WITH YOUTH

Love working with kids and being outdoors? Join Y Day Camp as a volunteer and help make summer unforgettable!

You'll assist counselors with games, activities, and daily adventures while supporting campers, building their confidence, and creating a fun, inclusive environment. We're looking for enthusiastic, responsible individuals—experience with kids is a plus but not required. Minimum age to volunteer is 13. **Make friends. Make memories. Make an impact.**

Dates: Camp runs Monday through Friday from June 3–August 21. Volunteers are welcome anytime between 9:00 a.m.–5:00 p.m.

Commitment: We're looking for volunteers who are able to volunteer once a week throughout the summer or a full week at a time. But we are flexible and can work with your schedule.

Early Childhood Volunteer Opportunities

We're looking for volunteers to join our child care program, where infants, toddlers, and preschoolers learn and grow through play year-round. Volunteers help support that learning by engaging with children—playing, talking, reading stories, and assisting during activities like mealtimes. By joining in, you'll help spark curiosity, build connections, and encourage early learning in a fun, hands-on environment. If you enjoy working with young children ages 0–5 and like being part of playful, meaningful moments, we'd love to have you! Minimum age to volunteer is 13.

Days & Times: Volunteer shifts are available between 9:00 a.m.–5:00 p.m. Monday through Friday

Swim Instructor Aide

No teaching experience necessary! If you can blow bubbles and have a passion for working with kids, we can teach you the rest. Volunteers are needed to help swim instructors with swim lessons. Minimum age to volunteer is 14. Volunteers just need to be able to swim and enjoy interacting with children.

Commitment: We ask that volunteers commit to a specific time and day for the entire six-week session

Dance Program Assistants (September–May)

Dance assistants are there to assist the Dance Instructors with helping to organize kids, demonstrate skills, move equipment, hold hands, give encouragement and simple correction.

Age Requirements: Minimum age to volunteer is 12.

Days & Times: This opportunity is available in the later afternoons and evenings Monday–Thursday during the school year.

Commitment: We ask that volunteers commit to the whole session. We also ask that when possible, volunteers assist with their class, during the spring recital.

Volunteer Opportunities with our School Age Child Care Program (September–May)

Volunteers will have the opportunity to work closely with a diverse group of students in our school-age child care program. Volunteers serve as role models and extra support for the students and staff working on academics and engagement in program activities and clubs. Ages of youth served: grades PreK–5. Minimum age to volunteer is 16. The school year program runs September through early June.

Days & Times: Volunteer opportunities available Monday–Friday from school dismissal until 5:15 p.m.

BUILDINGS AND GROUNDS

Amateur Weed Wranglers, Grass Negotiators and Water Enthusiasts Wanted!

We're looking for people to help with weeding and watering our new pollinator garden throughout the summer.

Days & Times: This opportunity is flexible and can be done at your convenience whenever the Y is open. It would likely take about an hour each week.

Cleaning, Organizing and Work Project Volunteer

If you like to pop in a podcast and get down to work, this is the gig for you! You can make a big difference at the Y. You will help our staff interact with members and provide a safe and clean facility for all. Duties may include things like wiping dust from surfaces, folding towels and organizing storage spaces. Minimum age to volunteer is 15.

Days & Times: This opportunity has flexible hours and can be done whenever the Y is open.

CUSTOMER SERVICE / MISCELLANEOUS

Volunteer Service Club

We're looking for people who want to join our Volunteer Service Club! This is for people who want to volunteer but might not want or be able to make a regular commitment to the Y. It's as easy as joining the service club and then we'll call upon you when an opportunity arises and you can say "count me in" or "no thanks!"

Greeter at the Member Service Desk

If you know what great customer service looks and feels like, this is the volunteer opportunity for you! Greeters are responsible for providing a high level of customer service. Responsibilities include greeting members, checking them into the Y, handing out towels and equipment. Minimum age to volunteer is 18. Must have some computer skills and able to provide excellent customer service.

Days & Times: This opportunity has flexible hours

Facility Monitor

We're looking for someone to assist with monitoring the facility. This is a great opportunity for someone with an eye for detail and who likes to engage with the public. Duties include things like: taking active strolls throughout the building looking for anything that needs attention (cleanliness, youth not following age policies in certain program spaces, members that need assistance, etc.) May also include opportunities to give building tours. Minimum age to volunteer is 18.

Days & Times: This opportunity has flexible hours

ADVISORY VOLUNTEERS

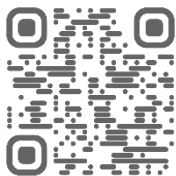
Join Our Advisory Council!

Our Advisory Council which consists of a group of volunteer leaders who work in partnership with the Branch Executive Director to support the branch's mission through volunteerism and fundraising. Council members champion the annual campaign, assist with fundraising efforts, volunteer at branch and community events, and help recruit and engage new volunteers, all while advancing YMCA values and strengthening community connections.

Commitment: The Advisory Council meets once per month.

READY TO GET STARTED VOLUNTEERING WITH THE Y?

Scan to apply





ALL TOGETHER BETTER

Groups or Individuals Looking for **One-Time Volunteer Opportunities**

Events are a great way for you or your group to get involved without making a long-term commitment.

WORK PROJECTS

VOLUNTEER WORK PROJECTS

We always have work projects available for individuals and groups to volunteer together. Work projects generally involve cleaning & organizing spaces around our facilities.

Age Requirements: Most projects can accommodate various ages including youth.

When: We are really flexible and will find a date and time that works best for your group.

YMCA PROGRAMS & EVENTS
