MEMBER BENEFITS

Meaningful Support That Makes a Difference

Including a YMCA membership in your employee benefits is a powerful way to support well-being, build community, and foster a workplace where people feel valued and inspired. Here are the benefits your team will enjoy through a Y corporate membership.

Key Benefits of Membership

- Free 2 hour on-site, drop-in child care with Kids Club
- 3 guest passes per year
- Free Wellness Center orientation and 1 Free personal training session
- Access to free fitness classes
- Priority registration and discounted rates for programs: swim lessons, youth day camp, overnight camp, personal training, and more
- Access to all Lake Superior YMCA branches
- Nationwide YMCA access—great for employees who travel

Something for Everyone at Every Stage

From beginner fitness classes to youth sports, aquatics, family events, personal training, and active older adult programs, the Y offers inclusive, evidence-based programs for all ages and abilities.

Accessible Wellness, Wherever You Are

With multiple locations across the Northland, your employees can stay active and connected no matter where they live or work. Whether near Duluth, Hermantown, or Grand Marais, each Y offers welcoming spaces designed to support physical, mental, and social well-being.

More Than a Gym — A Place to Belong

At the Y, we're about more than fitness. We're a community where everyone is welcomed, supported, and encouraged to grow — no matter where you are on your journey.