Updated 8/20/2026

VOLUNTEER WITH US!

SUPERIOR YMCA | CAMP TALL PINES

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CAN YOU HELP?
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VOLUNTEER OPPORTUNITIES WITH YOUTH

Become a Volunteer: Coach Youth Sports!

Do More. Be More.

At the Y, we believe when people come together for a common cause, the whole community is strengthened. When you become a volunteer Coach or Assistant Coach, you have the opportunity to share your talents, strengths and gifts to develop skills & character in those who need it most (our kids!).

Volunteer coaching is a powerful opportunity to instill positive values and help kids develop healthy habits that extend far beyond the playing field. Our coaches provide a safe, healthy atmosphere, teach fundamentals of the game and promote the benefits of physical activity and teamwork. Minimum age to volunteer is 13.

Schedules rotate throughout the year and include sessions for the following sports:

- T-Ball
- Basketball
- Indoor & Outdoor Soccer
- Flag Football

BEFORE School Program Assistant (September-May)

Help youth start their day with fun, connection, and encouragement! As a Before School Program Assistant, you'll support school-age children through games, activities, conversations, and creative play on the playground, in the gym, and at activity centers. Volunteers may also read stories, assist during breakfast or snack time, and help create a positive and welcoming environment for all participants. This is a great opportunity for anyone who enjoys working with youth and making mornings fun and engaging.

Volunteer Requirements:

• Minimum age: 16 years old

• Enjoy working with youth and helping them learn, play, and connect with others

Location/Program Sites: Cooper Elementary School, Bryant Elementary School, Northern Lights Elementary School, and Great Lakes Elementary School.

Days & Times: Volunteer shifts are available between 7:00a.m. to 8:15 or 8:40a.m. Monday through Friday

Youth Adaptive Swimming Lessons

Help youth with disabilities gain confidence, learn an important life skill, and discover how fun swimming can be. Volunteers assist youth in swim lessons led by a certified YMCA swimming instructor. No teaching experience needed; however, you should be a confident swimmer and enjoy working with children.

Days & Times: Tuesdays from 6:15-7:30 p.m. from October 6-27

Note: This volunteer opportunity is through Northland Adaptive Recreation. If you would like to sign-up, please contact Mark.Hanna@mdfoundation.org

CUSTOMER SERVICE / MISCELLANEOUS

Volunteer Service Club

We're looking for people who want to join our Volunteer Service Club! This is for people who want to volunteer but might not want or be able to make a regular commitment to the Y. It's as easy as joining the service club and then we'll call upon you when an opportunity arises and you can say "count me in" or "no thanks!"

ADVISORY VOLUNTEERS

Join One of Our Advisory Councils!

Each of our branches has an Advisory Council which consists of a group of volunteer leaders who work in partnership with the Branch Executive Director to support the branch's mission through volunteerism and fundraising. Council members champion the annual campaign, assist with fundraising efforts, volunteer at branch and community events, and help recruit and engage new volunteers, all while advancing YMCA values and strengthening community connections.

We have the following branches available: Downtown Duluth, the Y at the Essentia Wellness Center, Cook County YMCA, Superior YMCA, Community Services and Camp Miller.

READY TO GET STARTED VOLUNTEERING WITH THE Y?

Scan to apply

"From what we get, we can make a living; what we give, however, makes a life." Arthur Ashe

ALL TOGETHER BETTER

Groups or Individuals Looking for One-Time Volunteer Opportunities

Events are a great way for you or your group to get involved without making a long-term commitment.

GARDEN WORK DAYS

Things are growing in our garden…including weeds! On Mondays through August, we'll be working on the Superior YMCA Community Garden. Duties include weeding, harvesting, socializing and enjoying the beautiful weather! We need your help to keep our garden beds growing strong. Click here to sign-up for a volunteer spot.

Age Requirements: All ages welcome! We just ask that youth under 13 have adult supervision.

When: Mondays from 4:30-6:30 p.m. through August (weather dependent)

VOLUNTEER WITH THE PRIDE FESTIVAL:

Y with Pride

The Lake Superior YMCA is once again a proud sponsor of the Duluth-Superior Pride Festival over Labor Day Weekend, September 5-6. At the festival on Saturday, September 5th, our Y will be tabling and facilitating a family-friendly area complete with an interactive exhibit, and youth/family activities.

On Sunday, September 6th, we'll walk in the Pride Parade behind the Y's FOR ALL banner and hand out goodies to the spectators. Volunteers can sign up for 2-4 hour shifts at the festival and/or walk with us in the parade. As allies of our members, staff, and all individuals in our community, we hope to have a strong Y presence on both days. Everyone is welcome at the Y, and we invite you to join us as we walk in support of all our neighbors.

Want to support Y with Pride?

Click here to sign-up to help with the Festival and/or the Parade!

ONGING WORK PROJECTS AT THE SUPERIOR Y AND CAMP TALL PINES

We always have work projects available for individuals and groups to volunteer together. Work projects generally involve things like office work projects, cleaning & organizing spaces around our facilities.

Age Requirements: Most projects can accommodate various ages including youth.

When: We are really flexible and will find a date and time that works best for your group.

Were: The Superior Y and Camp Tall Pines located on Lake Nebagamon